

#### Fine Workshop pre-conference Turku, October 8<sup>th</sup> 2015



### Nurse competence:

what is already known, what needs to be explored by research!

C Debout, RN, PhD

Head of the High Institute for Nursing (ISIS)

Nurse scientist, Chair of Health Sciences-Po Paris/IDS UMR Inserm 1145

FINE General Secretary



### Outline

- Nurse competence: an overview of the concept
- Research questions already explored in this field
- Limitations identified in the knowledge already produced
- What could be the agenda for nurse researchers?

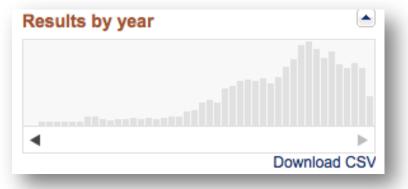


# Nurse competence: an overview of the concept



## Nurse competence: a popular concept

- Occurrence in Pumed®:
  - First occurrence in 1952
  - Rise in the mid 90's
  - Peak in 2007



Source: Pubmed® Keywords « Nurse » and « competence » Sept 2015

• 11 "Prolific countries" in nurse competence scientific production (Blazun & al, 2015)

The 3 top ranked:

- USA
- UK
- Australia



Finland rank is 11



## A concept explored in many nursing specialties

### The 3 top ranked nursing specialties:

- Community health nursing
- Public health nursing
- Psychiatric nursing

(Blazun & al, 2015)



# Why is this concept getting so popular in nursing?

#### At global level:

- A consequence of the transition from vocational to higher education
- A strategy to reduce tensions of interests between educators and employers

(Cowan & al, 2005)

#### At EU level:

- SLIM project's conclusions
- Advisory committee of the European commission's decision
- Competency based

   approach as a standard
   (Blazun & al, 2015)



## 3 ways to conceptualize nurse competence

(Gonczi, 1994)

General attributes of the practitioner independent of the context General attributes Behaviourist used in a specific approach based on context that are tasks needed for intelligent performance Nurse competence



### Many definitions...

« The ability to perform a task with desirable outcomes under the varied circumstances of the real world. »

(Benner, 1984)

« Competence has no singular definable meaning and may not be an observable quality, competence could describe a set of characteristics or attributes that underlie competent performance in an occupation. This includes having the insight to be aware of ones own expertise or limitations »

(Pearson & al., 2002)



### Some tensions identified

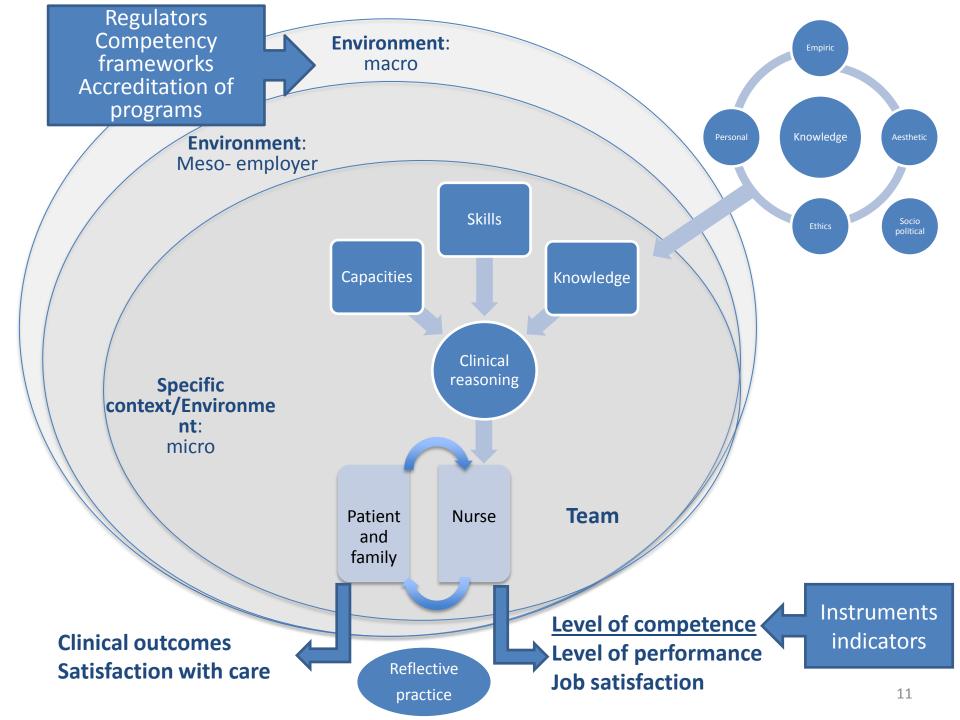
- Narrow definition vs holistic definition (Short, 1984)
- Competence vs competency

(Mc Mullan & al, 2003; Axley, 2008)

- Competence vs lack of incompetence (Watson 2002)
- Doing vs knowing and doing (Capman, 1999)



### Nurse competence a holistic and dynamic concept





## Clarifying the concept of nurse competence

(Smith, 2012)

#### Antecedents

- Personal expectations
- External expectations
- Education

#### Attributes

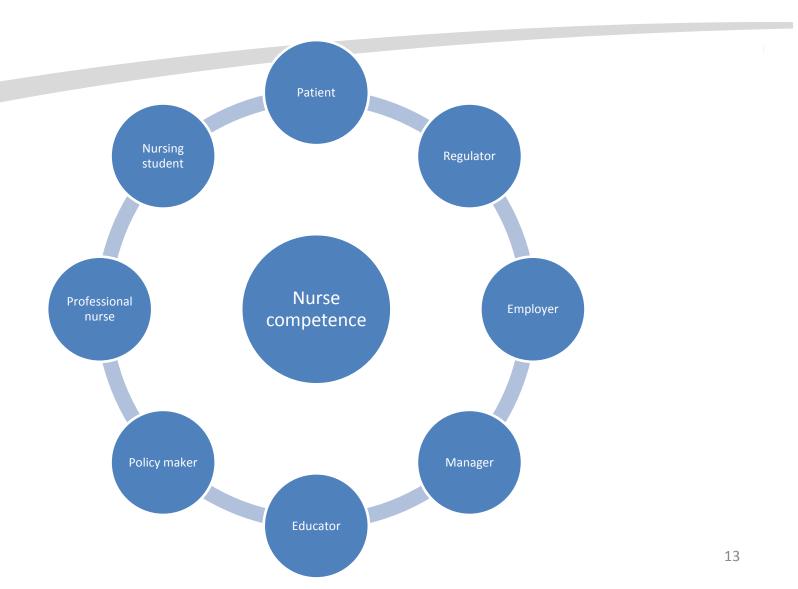
- Integrating knowledge into practice
- Experience
- Critical thinking
- Proficient skills
- Caring
- Communication
- Environment

#### Consequences

- Confidence
- Safe practice
- Holistic care



### Different perspectives on nurse competence







- Define
- Identify
- Assess
- Develop
- Maintain





- Define
- Identify
- Assess
- Develop
- Maintain

- Phenomenological studies
- Concept development and operationalization
- Concept analysis
- Theory development



- Define
- Identify
- Assess
- Develop
- Maintain

- Needs assessment
- Competency framework development



- Define
- Identify
- Assess
- Develop
- Maintain

- Indicators identification
- Self assessment versus heteroassessment
- Instrument development and validation
- Assessment of competence in nursing education
- Assessment of competence at entry into practice
- Assessment of competence in LLL
- Exploring and contrasting assessments made from different perspectives



- Define
- Identify
- Assess
- Develop
- Maintain

 Interventions to promote competence development nursing education



- Define
- Identify
- Assess
- Develop
- Maintain

 Interventions to promote competence in life long learning



# Limitations identified in the knowledge already produced

## Limitations identified in the knowledge already produced

Nurse competence: « A nebulous concept »

(Garside, 2011)

- Confusion about
  - Its definition
  - Level of abstraction
  - How it should be assessed
  - How it should be implemented
  - Which competence does a nurse need





We need to increase the level of evidence available





# What could be the agenda for nurse researchers?



« Defining criteria for nursing competence would be a major issue for the 21st century » (Bradshaw, 2000)

« Much more research is needed into the field of nurse competence »

(Smith, 2012)



# What could be the agenda for nurse researchers?

- Theory generation
- Complex intervention development and testing (including new technologies)
- Implementation of the knowledge produced about nurse competence into practice, education and management

- Meta-synthesis
- Instruments development
- Experimental studies

### References

- Benner, P., 1984. From Novice to Expert: Excellence and Power in Nursing Practice.
   Mosby, London.
- Helena Blažun, Peter Kokol, Janez Vošner, Research literature production on nursing competences from 1981 till 2012: A bibliometric snapshot, Nurse Education Today, 2015, 35, 5, 673
- Bradshaw, A., 2000. Editorial comments. Journal of Clinical Nursing 9 (3), 319–320.
- Cowan, D.T., Norman, I., Coopmah, V.P., 2005. Competence in nursing practice: a controversial concept a focused review of the literature. Nurse Education Today 25 (5), 355–362.
- Garside, J.R., Nhemachena, J.Z., 2013. A concept analysis of competence and its transition in nursing. Nurse Educ. Today 33 (5), 541–545.
- Gonczi, A., Heger, P., Athanasou, J., 1993. The development of competency-based assessment strategies for the professions. National Office of Overseas Skills Recognition Research Paper No 8. Australian Government Publishing Services, Canberra.
- Meretoja, R., Isoaho, H., Leino-Kilpi, H., 2004. Nurse competence scale: development and psychometric testing. J. Adv. Nurs. 47 (2), 124–133.
- Smith, S. A. (2012), Nurse Competence: A Concept Analysis. Int Jnl Nurs Knowledge, 23: 172–182.
- Watson, R., Stimpson, A., Topping, A., Porock, D., 2002. Clinical competence assessment in nursing: a systematic review of the literature. Journal of Advanced Nursing 39 (5), 421–431.